



November 14, 2005
Vincent Keyes
Department of Health & Human Services
Food and Drug Administration
Harvey W. Wiley Building
5100 Paint Branch Parkway
College Park MD 20740-3835

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NOV 18 2005

As per section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

The Daily Wellness Company
2035 Landings Drive
Mountain View, CA 94043

Products and claims to be filed:

NuFemma™

*Helps relieve mood swings and other symptoms
that start during the transition to menopause**

Daily Wellness' **NuFemma™** contains both estrogenic and non-estrogenic type herbs to balance hormone levels. Most menopausal formulas emphasize only estrogenic herbs needed after menopause, but during "the change", more balance, energy and mental support is needed. The herbs, **Chasteberry and Black cohosh**, help support normal hormone balance and reduction of many peri-menopausal symptoms, e.g hot flashes, night sweats, mood swings, irritability, sleeplessness. Omega 3 oils, such as **Flaxseed**, help with mood regulation and heart health. The antioxidants, **Vitamin C, E, Green tea and Selenium**, help reduce cell membrane damage that occurs with age. **Ginseng and B-complex vitamins** help with energy, stress and stamina levels. **Ginkgo** enhances microcirculation to the brain, thus improving short-term memory and mental function. In addition, the minerals **Calcium and Magnesium**, along with **Vitamin D and Soy extract**, will help start protection of bone health, an important preventative process as you age.*

I hereby certify that the information contained in the above notices is complete and accurate, and that The Daily Wellness Company has substantiation that these statements are truthful and not misleading.

Sincerely,

Aileen Trant, Ph.D.
Vice President, Research & Development

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NuFemma

Daily Wellness' NuFemma contains both estrogenic and non-estrogenic type herbs to balance hormone levels. Most menopausal symptoms (hot flashes, dry, aching joints, mood swings, etc.) are due to a change in hormone balance. NuFemma's herbs, including Black Cohosh, help maintain normal hormone balance and help reduce many perimenopausal symptoms, e.g. hot flashes, night sweats, mood swings, irritability, sleeplessness. Omega 3 oils, such as Flaxseed oil, help mood regulation and heart health. The antioxidants, Vitamin C, E, B-complex and Selenium, help reduce cell membrane damage that occurs with age. Biotin and complex vitamins help energy, stress and mental focus. Dietary minerals, such as calcium, help bone supporting, blood, brain memory and mental function. In addition, the minerals calcium and Magnesium, along with Vitamin D and Soy extract, will help start production of bone health, an important preventative process in women.

Recommended Use: As a dietary supplement, take three tablets daily with food. May take 1-3 months before noticeable relief is felt. Continue taking daily as long as symptoms persist. Do not take with estrogenic hormone replacement therapy or blood thinning drugs.

Caution: For adults only. For those with any pre-existing medical conditions, please consult a doctor before use. Keep bottles tightly closed in a cool, dry place. Do not use if tamper-evident seal on bottle is missing or broken, or if poison control center is contacted.

Warning: Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NuFemma™

Helps relieve mood swings and other symptoms that start during the transition to menopause.

"Helps you feel like yourself again."

Dietary Supplement
98 CAPSULES

**Menopausal
Transition Support**

Supplement Facts

Serving Size: 3 capsules

Servings Per Container: 30

Amount per serving	%DV
Vitamin C (as ascorbic acid)	120 mg 200%
Vitamin D (as cholecalciferol)	4000 IU 100%
Vitamin E (as d-alpha-tocopheryl succinate)	150 IU 500%
Thiamin (as mononitrate)	1.5 mg 100%
Riboflavin	1.7 mg 100%
Niacin (as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine HCl)	10 mg 500%
Folate (as folic acid)	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	12 mcg 200%
Calcium (as Ca carbonate)	250 mg 25%
Magnesium (as oxide)	100 mg 25%
Selenium (as sodium selenate)	70 mcg 100%
Proprietary Blend	800 mg *

Flaxseed (Linum ussittissimum) oil powder
Soy extract (40% isoflavones)
Green tea (Camellia sinensis) standardized leaf extract
American ginseng (Panax quinquefolius) root powder
Ginseng tree (Vitis amurensis) standardized berry extract
Ginkgo biloba standardized leaf extract
Black cohosh (Cimicifuga racemosa) standardized root extract

* Daily Value (DV) not established

Other ingredients: Rice flour, Silica, Magnesium stearate (vegetarian source), Ascorbic Acid, Gelatin, Soy Lecithin, and Natural Flavors.
© 2005 Manufactured for The Daily Wellness Company, Marietta, GA 30066
Made in USA 1-800-60-WELLNESS (1-800-469-6329) www.DailyWellness.com